



Click on any change of direction on a route to see a 1:25K OS map of that part of the route. The location of the waypoint will be shown by a red arrow

	distance	ascent	descent
Walk 1	24.8 km	269 m	318 m
Walk 2	21.1 km	248 m	288 m
Walk 3	15.6 km	188 m	224 m
Walk 4	13.2 km	141 m	176 m
Walk 5	9.1 km	85 m	109 m

Start Finish