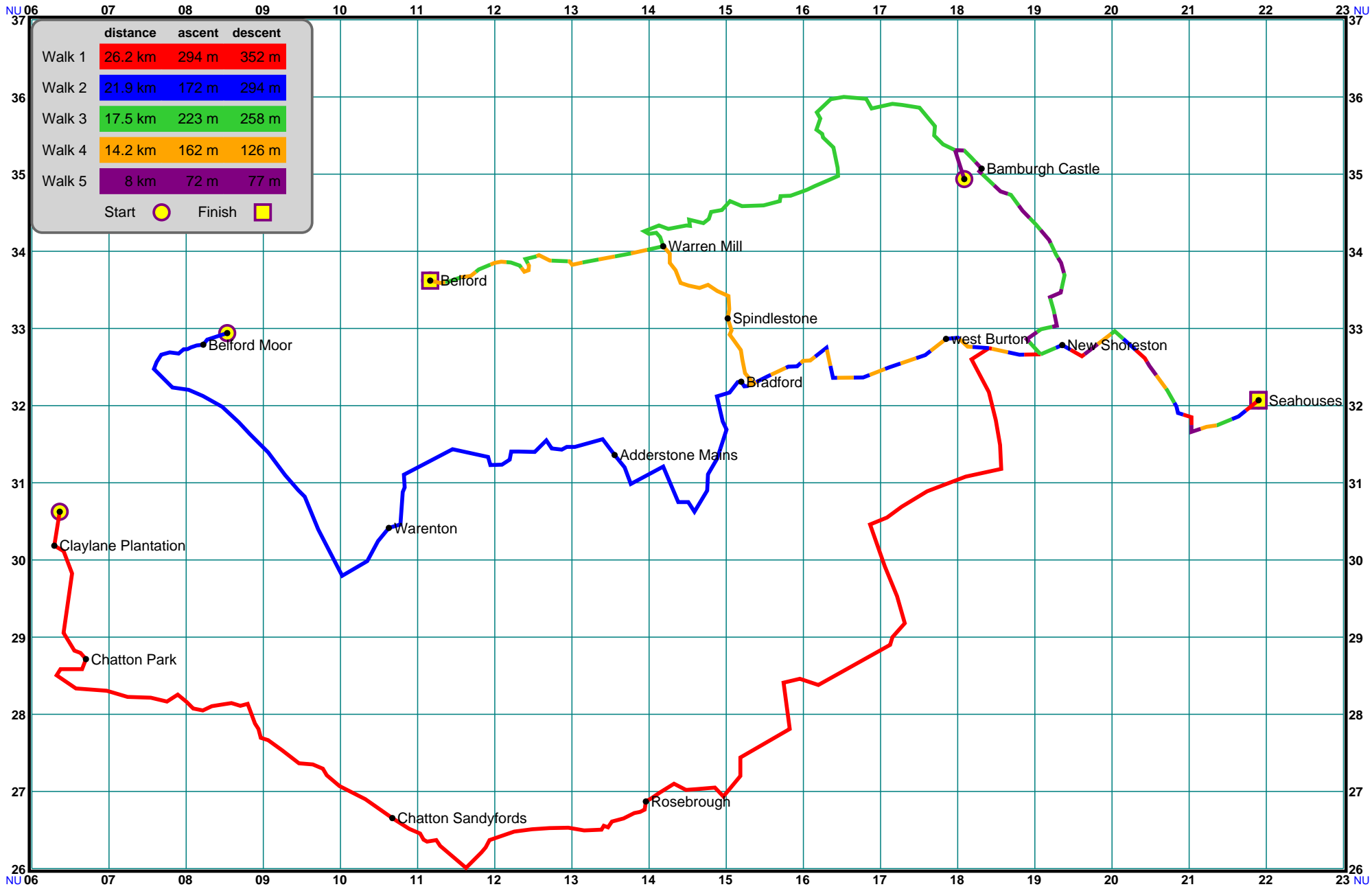




Click on any change of direction on a route to see a 1:25K OS map of that part of the route. The location of the waypoint will be shown by a red arrow



	distance	ascent	descent
Walk 1	26.2 km	294 m	352 m
Walk 2	21.9 km	172 m	294 m
Walk 3	17.5 km	223 m	258 m
Walk 4	14.2 km	162 m	126 m
Walk 5	8 km	72 m	77 m

Start Finish