

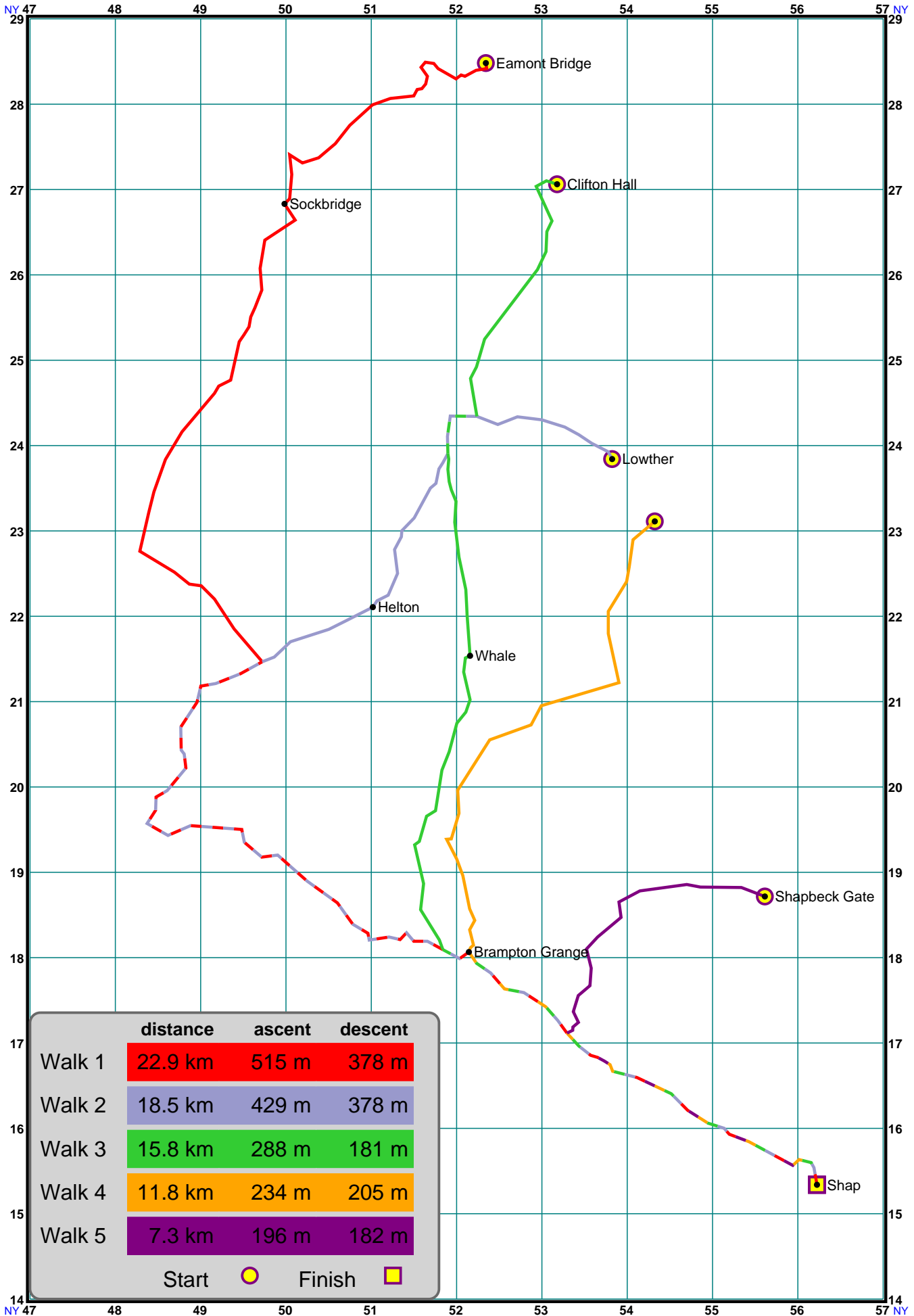


St. Edward's ABC Fellwalkers

Shap

Cumbria
Saturday, 19th April, 2008

Click on any change of direction on a route to see a 1:25K OS map of that part of the route. The location of the waypoint will be shown by a red arrow



	distance	ascent	descent
Walk 1	22.9 km	515 m	378 m
Walk 2	18.5 km	429 m	378 m
Walk 3	15.8 km	288 m	181 m
Walk 4	11.8 km	234 m	205 m
Walk 5	7.3 km	196 m	182 m