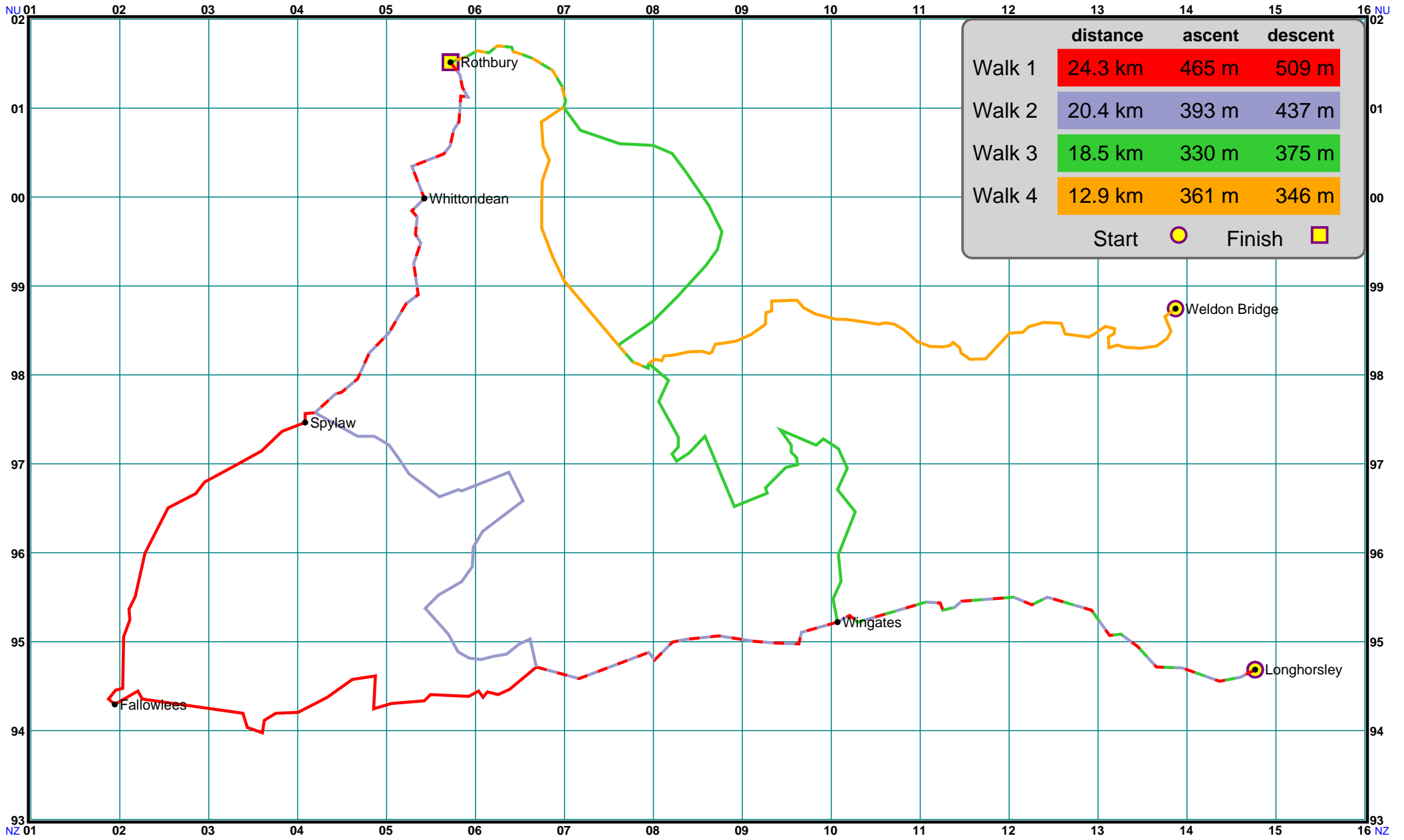




Click on any change of direction on a route to see a 1:25K OS map of that part of the route. The location of the waypoint will be shown by a red arrow



	distance	ascent	descent
Walk 1	24.3 km	465 m	509 m
Walk 2	20.4 km	393 m	437 m
Walk 3	18.5 km	330 m	375 m
Walk 4	12.9 km	361 m	346 m

Start Finish