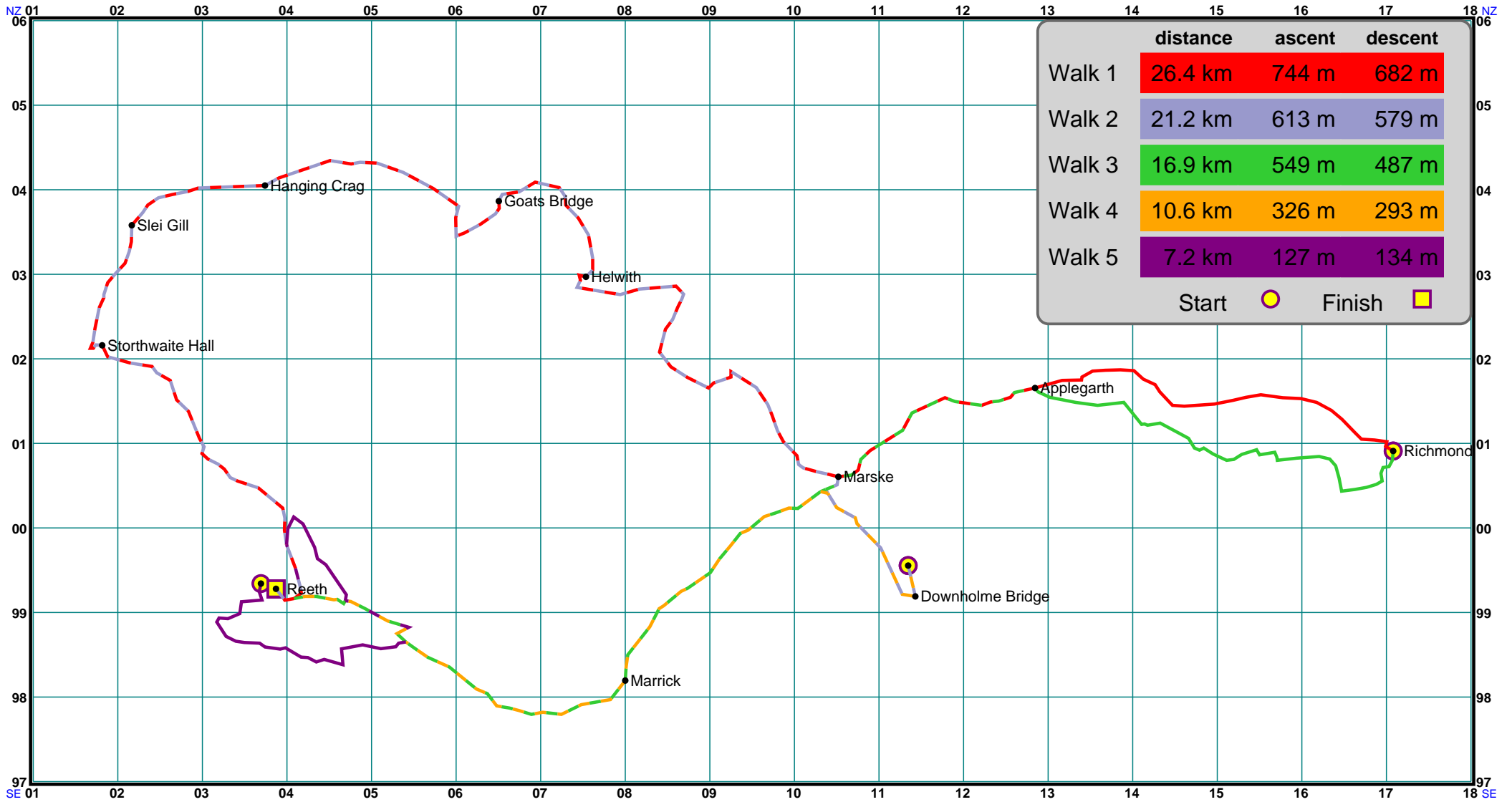




Click on any change of direction on a route to see a 1:25K OS map of that part of the route. The location of the waypoint will be shown by a red arrow



	distance	ascent	descent
Walk 1	26.4 km	744 m	682 m
Walk 2	21.2 km	613 m	579 m
Walk 3	16.9 km	549 m	487 m
Walk 4	10.6 km	326 m	293 m
Walk 5	7.2 km	127 m	134 m

Start Finish