



Click on any change of direction on a route to see a 1:25K OS map of that part of the route. The location of the waypoint will be shown by a red arrow

	distance	ascent	descent
Walk 1	17.8 km	1289 m	1388 m
Walk 2	15.5 km	1059 m	1168 m
Walk 3	11 km	409 m	529 m
Walk 4	9.4 km	278 m	425 m

Start Finish